



Panama City Beach Senior Center

July 2011

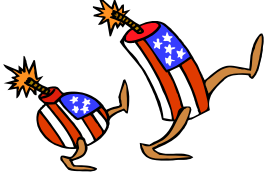
BUILDING "B" OATFIELD BUILDING
(850) 233-5065

Hours: 9 am – 3 pm M-F
Website: pcbsc.com

BUILDING "C" CYPRESS HOUSE
(850) 236-3038



MEMBERSHIP IS REQUIRED FOR WEEKLY PARTICIPATION IN THESE PROGRAMS

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 C- 9 am Spanish Conversation B-9:30 am Paper Crafting B-10 am Member Zumba * B-10:00 am Strength & Exercise B-12:30 pm Pinochle Single Deck	2
3 B- 1:30 pm "65+5" Cards	4 CLOSED for Independence Day 	5 B- 9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Pinochle DD B- 1 pm Open Art Studio B- 6:30 pm Dominoes B- 6:30 pm Pool Group	6 B- 9 am Rotary Woodcarving B- 9 am "The Coffee Shoppe" B- 9:30 am Beginners + Social Bridge B-12:30 pm Stained Glass ** B- 1 pm Canasta Hand & Foot -Cards B- 1:30 pm Member Zumba * B- 6:30 pm Bid Euchre B- 6:30 pm Men's Night Out – Play Pool	7 B-9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Cribbage B- 12:30 pm Genealogy **	8 C- 9 am Spanish Conversation B-9:30 am Paper Crafting B-10 am Member Zumba * B-10:00 am Strength & Exercise B-12:30 pm Pinochle Single Deck	9 B- 10 am – Threads That Bind Sewing Group
10 B- 1:30 pm "65+5" Cards	11 C- 9 am Spanish Conversation B- 9 am Rotary Woodcarving B- 10 am Strength & Exercise B- 11:30 am Gentiva Health Lunch - Speaker: TBA B- 1: pm Painting Partners B- 6:30 pm Monday Darts	12 B- 9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Pinochle DD B- 1 pm Open Art Studio B- 6:30 pm Dominoes B- 6:30 pm Pool Group	13 B- 9 am Rotary Woodcarving B- 9 am "The Coffee Shoppe" B- 9:30 am Beginners + Social Bridge B-12:00pm Potluck * B-12:30 pm Stained Glass ** B- 1 pm Canasta Hand & Foot-Cards B- 1:30 pm Member Zumba * B- 6:30 pm Bid Euchre B- 6:30 pm Men's Night Out – Play Pool	14 B-9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Cribbage B- 12:30 pm Genealogy **	15 C- 9 am Spanish Conversation B-9:30 am Paper Crafting B-10 am Member Zumba * B-10:00 am Strength & Exercise B-12:30 pm Pinochle Single Deck	16
17 B- 1:30 pm "65+5" Cards	18 C- 9 am Spanish Conversation B- 9 am Rotary Woodcarving B- 10 am Strength & Exercise B- Noon Painting Partners B- 6:30 pm Monday Darts	19 B- 9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Pinochle DD B- 1 pm Open Art Studio B- 6:30 pm Dominoes B- 6:30 pm Pool Group	20 B- 9 am Rotary Woodcarving B- 9 am "The Coffee Shoppe" B- 9:30 am Beginners + Social Bridge C- 9:30 am Foundation Board Meeting B-12:30 pm Stained Glass ** B- 1 pm Canasta Hand & Foot-Cards B- 1:30 pm Member Zumba * B- 6:30 pm Bid Euchre B- 6:30 pm Men's Night Out – Pool	21 B-9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Cribbage B- 12:30 pm Genealogy **	22 C- 9 am Spanish Conversation B-9:30 am Paper Crafting B-10 am Member Zumba * B-10:00 am Strength & Exercise B-12:30 pm Pinochle Single Deck	23
24/ 31 B- 1:30 pm "65+5" Cards	25 C- 9 am Spanish Conversation B- 9 am Rotary Woodcarving B- 10 am Strength & Exercise B- Noon Painting Partners B- 6:30 pm Monday Darts	26 B- 9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Pinochle DD B- 1 pm Open Art Studio B- 6:30 pm Dominoes B- 6:30 pm Pool Group	27 B- 9 am Rotary Woodcarving B- 9 am "The Coffee Shoppe" B- 9:30 am Beginners + Social Bridge B-12:30 pm Stained Glass ** B- 1 pm Canasta Hand & Foot-Cards B- 1:30 pm Member Zumba * B- 6:30 pm Bid Euchre B- 6:30 pm Men's Night Out – Pool	28 B-9 am Knife & Chisel Woodcarving B- 9 am Advanced Strength & Exercise B- 10 am Yoga O- 11am Bocce B- 12:30 pm Cribbage B- 12:30 pm Genealogy **	29 C- 9 am Spanish Conversation B-9:30 am Paper Crafting B-10 am Member Zumba * B-10:00 am Strength & Exercise B-12:30 pm Pinochle Single Deck	30

* Will resume in the FALL

** Will resume in August