





Panama City Beach Senior Center October 2017



Hours: 9 am – 3 pm M-F

423 Lyndell Lane, PCB FL. 32407 (850) 233-5065

MEMBERSHIP IS REQUIRED FOR PARTICIPATION IN THESE PROGRAMS

SUN	MON	TUES	WED	THURS	FRI	SAT
1 1:30pm 65+5 Cards	2 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS) 6pm Darts	3 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	4 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 10am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass 6pm Bid Euchre 6pm Billiards	5 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	6 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	7
8 1:30pm 65+5 Cards	9 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 1pm Painting Partners 1pm Shanghai Rum (CARDS) 6pm Darts	10 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	11 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 10am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass 6pm Bid Euchre 6pm Billiards	12 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	13 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	14 PUTT PUTT GOLF 7:30am 
15 1:30pm 65+5 Cards	16 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS) 6pm Darts	17 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	18 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 10am Chair Exercise 10am Foundation Board Meeting 12pm Potluck Social 1pm Canasta Hand & Foot 1pm Stained Glass 6pm Bid Euchre 6pm Billiards	19 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	20 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	21
22 1:30pm 65+5 Cards	23 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS) 6pm Darts	24 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Bocce 11am Line Dance 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	25 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 10am Chair Exercise 10am HEALTH FAIR 1pm Canasta Hand & Foot 1pm Stained Glass 6pm Bid Euchre 6pm Billiards	26 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	27 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle 6:30pm HALLOWEEN Party! 	28
29 1:30pm 65+5 Cards	30 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS) 6pm Darts	31 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 9am IRONMAN VOLUNTEERS 10am Yoga 11am Bocce 11am Line Dance 12pm Billiards 12pm Open Art 12:30pm Pinochle DD				

PLEASE WEAR YOUR 2017 MEMBERSHIP BADGE TO ALL ACTIVITIES

View Our Calendar & More At Our Website www.pcbssc.com