



Panama City Beach Senior Center

August 2017



Hours: 9 am – 3 pm M-F

423 Lyndell Lane, PCB FL. 32407 (850) 233-5065

MEMBERSHIP IS REQUIRED FOR PARTICIPATION IN THESE PROGRAMS

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	2 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 9:30am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass	3 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	4 9am Strength & Exercise 9:30am Chair Exercise 11am Ballet 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	5
6 1:30pm 65+5 Cards	7 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS)	8 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	9 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 9:30am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass	10 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes 5:30pm Private Meeting	11 9am Strength & Exercise 9:30am Chair Exercise 11am Ballet 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	12
13 1:30pm 65+5 Cards	14 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS)	15 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Line Dancing 11am Bocce 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	16 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 9:30am Chair Exercise 10am Foundation Board Meeting 1pm Canasta Hand & Foot 1pm Stained Glass	17 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	18 9am Strength & Exercise 9:30am Chair Exercise 11am Ballet 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	19
20 1:30pm 65+5 Cards	21 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS)	22 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Bocce 11am Line Dance 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	23 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 9:30am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass	24 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes	25 9am Strength & Exercise 9:30am Chair Exercise 11am Ballet 12pm Billiards 12pm Duplicate Bridge 12:30pm Pinochle	26
27 1:30pm 65+5 Cards	28 9am Rotary Woodcarving 9am Strength & Exercise 9:30am Chair Exercise 12pm Billiards 12pm Painting Partners 1pm Shanghai Rum (CARDS)	29 9am Advanced Strength & Exercise 9am Knife & Chisel Woodcarving 10am Yoga 11am Bocce 11am Line Dance 12pm Billiards 12pm Open Art 12:30pm Pinochle DD	30 9am Rotary Woodcarving 9am "The Coffee Shoppe" 9:30am Social Bridge 9:30am Chair Exercise 1pm Canasta Hand & Foot 1pm Stained Glass	31 9am Knife & Chisel Woodcarving 9am Advanced Strength & Exercise 10am Yoga 11am Bocce 11am Line Dancing 12pm Billiards 12:30pm Mahjongg 1pm Cribbage 1pm Dominoes		

PLEASE WEAR YOUR 2017 MEMBERSHIP BADGE TO ALL ACTIVITIES

View Our Calendar & More At Our Website www.pcbpc.com

